

The Art & Science of Personal Leadership with Your Magic Compass®
+ Jenny Xenos

Workshop Description

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The key to leadership is not in what we do, but in who we are.

True (and brilliant) leadership, in both your professional & personal life, has nothing to do with how many people you manage – it's about knowing **who** you are and **why** you want what you want. When you can stand up, authentically and with integrity, for your vision, you inspire yourself and those around you, and people will want to follow!

In this workshop you will:

- Get to know yourself on a deeper level so you can choose strategies that work for you.
- Identify one (or two) Core Values that are driving your desires – your personal why.
- Learn how you want to FEEL – in that job, that conversation, that relationship – and check that your goals are in alignment with your true desires and essence.
- Learn how to easily prepare yourself to show up at your very best – so you ace that interview, that meeting, that presentation, even that date!
- Learn how to make all your decisions faster and with clarity.



Bio

Jenny Xenos is a PCC credentialed Coach with the ICF (International Coach Federation) and change-agent whose forte is Desire and Values Based Self Leadership. She teaches clients from all over the world how to accelerate their success while feeling deep satisfaction daily. Along with that, she has 15+ years of experience in the fast paced, dynamic hi-tech corporate world, enjoying success in a variety of roles from sales & strategic alliances to training & consulting, in multiple regions across the globe. Being an advocate of lifelong learning, Jenny holds certificates in over 14 academic studies, including Solution Focused Transformational Coaching, Business Management and Adult Education.

Title: *Self Leadership Teacher, PCC Certified Coach, and Alchemist*

“People love this 2 hour workshop because it shows them how to tap in to their own inspiration, and gives them tools and techniques to implement immediately. And we all want more of that.”
– Jenny Xenos

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Testimonials:

“Wow! What an incredible workshop last night. Thank you for your generous gifts of insight, inspiration and knowledge. I awoke this morning with such gratitude, excitement and energy following such a fantastic evening.

Please know how appreciative we are for your truly amazing facilitation. The participants that attended are so fortunate to have experienced your workshop on so many levels.

Through conversations at the end of the session, I was excited to hear the attendees share comments like I am intrigued, curious, motivated, inspired, energized and optimistic. You truly had a positive impact and I am certain you have sparked the beginning of some amazing new journeys for our participants.

I very much look forward to more opportunities to collaborate. Thank you again Jenny.”

Carolyn Fernie, Manager, YWCA

“Thank you so much for your superb workshop! I woke up this morning feeling happy, energized, empowered, and deeply inspired.

The knowledge and insights you shared with all of us are a rich resource and a true gift. Given all the note-taking and the buzz in the room after the event, I know you’ve made a positive impact. The work you’re doing really resonates with me, and I’m so grateful for the opportunity to know you.”

Lindsay Nielsen, Coordinator, NextStep Mentorship Program

“The workshop was insightful and uplifting and had very practical and useful take-aways! I thoroughly enjoyed it and I know that the program participants did as well.”

Tessa Russel, Manager, HS Mentorship Program

Various Other Participants:

“The Art and Science of Leadership workshop has been really helpful. Both, my mentor and I really enjoyed the activities that were done. I am now looking forward to start focusing more deeply on my core feelings each day, in the hope of discovering myself better and make successful decisions upon my personality and character. As a matter of fact, I really enjoyed this meet up, which has left me more energized and motivated to carry on my tasks than before. Thanks for holding such an impactful and meaningful workshop.”

“This workshop helped me identify how feelings play an integral role in our lives and how they motivate us. I really enjoyed reflecting on my own feelings and identifying my core desired feelings.”

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"The workshop was very informative and the information was very relevant and easy to resonate with."

"This workshop was really useful because it helped me to discover myself more deeply. This allowed me to concentrate on my aims in life. As a consequence, I feel refreshed and lively, as well as motivated to get the most from my life!"

"The workshop was really interesting. Finding one single core feeling was the best part, because it helped me to focus on myself and my emotions."

"I learned about myself more and how to become happier and how to apply that to achieve my goals."

"I discovered what my core desire feels like and it's awesome to have a technique to do it on my own time."

"The facilitator was very clear and organized."

"Thank you. You are so engaging – I could listen to you all day!"

"Reframing my narrative, imbibing positive energy, and channelling that to my core feeling had immediate effects! I attended a networking event in the evening, and channelled my energy to create "the feeling". Of course, I had a great time! I even won a clock! My kids were happier and more cooperative at lunch (yeah!) and today as well. Thank you! Thank you for taking time to be with us at Focus@Work, Jenny!"

*"Our management team at Edible Canada did the entire Desire Map retreat with Jenny and **it was without a doubt one of the best investments in our team and corporate culture we've ever made!** Understanding their Core Desired Feelings has had a very positive impact on our managers personally, and in turn has made them more effective leaders in our organization. I highly recommend this program for any business looking to gain a competitive advantage and improve employee engagement!"*

Eric Patemen, President & Founder - Edible Canada

Fee:

- 2 hour in person workshop, up to 12 attendees: \$1,200.00 AUD + 10% tax.
- 13 – 30 attendees: \$2,200.00 AUD + 10% tax.
- >31 attendees: let's discuss options based on your needs.
- Please add estimated travel costs.
- Any customization required can be tailored, based on your needs. Cost will depend on scope of work and other variables like length of time and number of attendees.

Give me a call or send me an email at the address below. I look forward to discussing your goals!

with love,
Jenny